

Scottish Athletics Limited
Road Running and Cross Country Commission

scottishathletics CROSS COUNTRY GRAND PRIX 2016/17

scottishathletics are pleased to announce the return of their Cross Country Grand Prix for 2016-17 season.

Established in 2008/09, the Cross Country Grand Prix will incorporate three of Scotland's biggest and best cross country races, while also including two key fixtures in England.

The competition is open to senior athlete's men and women and we hope it will act as a catalyst to get our leading athletes to race against each other regularly, while also competing with distinction at a UK level.

The events included (in calendar order) are:

1. Scottish 4k Cross Country Championships

Renfrew: 5/11

Pos	1	2	3	4	5	6	7	8	9	10
Pts	50	43	36	33	30	27	24	22	20	18

Pos	11	12	13	14	15	16	17	18	19	20
Pts	16	14	12	10	8	6	4	3	2	1

2. Liverpool Cross Challenge (Incorporating European Cross Country Trials)

Liverpool: 26/11

Pos	1	2	3	4	5	6	7	8	9	10
Pts	50	43	36	33	30	27	24	22	20	18

Pos	11	12	13	14	15	16	17	18	19	20
Pts	16	14	12	10	8	6	4	3	2	1

3. Scottish District Cross Country Championships

Aberdeen (East): 3/12, Inverness (North): 3/12 and Ayr (West): 4/12

Pos	1	2	3	4	5	6	7	8	9	10
Pts	50	43	36	33	30	27	24	22	20	18

4. BUPA Great Edinburgh International Cross Country/Scottish Inter-District Championships

Edinburgh: 7/01

Pos	1	2	3	4	5	6	7	8	9	10
Pts	50	43	36	33	30	27	24	22	20	18

Pos	11	12	13	14	15	16	17	18	19	20
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Pts	16	14	12	10	8	6	4	3	2	1
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5. Scottish National Cross Country Championships

Falkirk: 25/02

Pos	1	2	3	4	5	6	7	8	9	10
Pts	50	43	36	33	30	27	24	22	20	18

Pos	11	12	13	14	15	16	17	18	19	20
Pts	16	14	12	10	8	6	4	3	2	1

6. Inter Counties Cross Country Championships

Loughborough: 11/03

Pos	1	2	3	4	5	6	7	8	9	10
Pts	50	43	36	33	30	27	24	22	20	18

Pos	11	12	13	14	15	16	17	18	19	20
Pts	16	14	12	10	8	6	4	3	2	1

£4000 of prize money is available to current **scottish**athletics members as follows:

Overall Grand Prix winners (male and female): £750; 2nd: £400; 3rd: £250; 4th: £150; 5th: £100; 6th: £75; 7th £50; 8th £40; 9th £30; 10th £20

In the event of a tie on points for 1st place, the head-to-head record between senior athletes in the senior Scottish National Cross Country Championships (Falkirk, 25/02) will determine the placing.

scottishathletics Road and Cross Country Commission Convener John Rodger said: “The Cross Country Grand Prix has been very successful in attracting our best athletes. It has become an integral part of the Cross–Country season enhancing the competitive edge of our National and District Championships.”

Additional notes

*Last year Angela Richardson (Fife AC) won the women's series from Freya Ross (Edinburgh AC) and Rosie Smith (Hunters Bog Trotters), while Andrew Butchart (Central AC) won the men's series from Alex Hendry (Central AC) & Michael Ferguson (Aberdeen AAC).