

GAA Glasgow Miler Meet – 800m & 3000m Meet
(incorporating the scottishathletics U17/U20/Female Vets 3000m Championships)
FINAL INFORMATION
645pm – 915pm on Friday the 3rd of June 2016

Crownpoint Stadium
183 Crownpoint Road
Glasgow
G40 2AL

Event Information

First of all, the Glasgow Athletics Association would like to thank the Scottish endurance community in recording over 250 entries for the 800m and 3000m Meet (incorporating the **scottishathletics** U17/U20/Female Vets 3000m Championships).

This is another record breaking entry for us and a really positive response from the clubs, coaches and athletes who have taken up the opportunity to support this key endurance fixture.

We are all hoping for a fantastic evening of athletics which will build a platform for developing the 800m / 3000m meeting further in future years.

Pacemakers

As always, this job is crucial to the success of the meet and we are keen to add to our pacemaking stable. So if you feel you could help someone to achieve a new PB on Friday night, then please get in touch - as well as thinking ahead to our remaining meeting for 2016 on the 29th of July (5000m and 1500m) – entries already open for that fixture on the BMC website.

Declarations

We expect you to declare one hour before your event and final declarations will be at 1930.

Assembly

Assembly will be at race start 10 minutes before your race is due to start. The races will start on time – we will not wait for you or come and look for you – it is your responsibility to be there at the right time.

Photofinish

Could all coaches and athletes be very aware that for the electronic timing to function we have photo finish in operation at the finishing line. While we are keen that athletes get the opportunity to warm up as easily as possible, it is crucial that athletes do not run through the line while a race is in process as this can disrupt the photo finish system and cause problems with the results.

Prize Pot

Additionally, there will be a £400 'prize pot' available to the overall fastest athlete in each of the men's and women's events IF they break the following target times:

800m Men: 1.52 Women: 2.08
3000m Men: 8.15 Women: 9.20

If only one athlete achieves the time he or she will claim the total prize pot. If more than one winner achieves the times it will be split equally (i.e. if two winners break the times they will get £200 each etc. to a maximum of four athletes sharing the pot – each getting £100).

Withdrawals / Reserve List

Any athlete who is no longer able to compete must let us know as soon as possible – we are currently employing a reserve list and athletes on there are keen to get a run if possible.

Admissions (Please look for the admissions / declarations tent on the home straight)

Athletes – Free admission (and refreshments upon producing bib number)

Coaches – Free admission with their coaching pass (plus a £1 donation if they would like a refreshment wristband)

Other Spectators - £3 (including wristband for refreshments)

Under 16 spectators' admission is free

We are keen to look to have an endurance 'tented village' surrounding the track as appropriate – if you are coming to spectate and would be keen to bring your club tent with you then please get in touch at mark.pollard@gmail.com so we can manage the situation as effectively as possible.

Thank you to those clubs who have offered to help already – much appreciated as always.