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| CLUB | Aberdeen Sports Village and Aberdeen AAC |
| Key Area | School – club/ Run Jump Throw |
| Details | <p>School – Club Links</p> <p>Aberdeen AAC have run a successful Primary School Athletics meeting for over 20 years. This meeting is run on a Saturday morning in June for Boys and Girls in Aberdeen City and Aberdeenshire in P5-P7. Events covered are 100m, 800m for all ages and Shot Putt and Long Jump for P7. In recent years there have also been open 4x100m relays incorporated in order to enhance the fun element of the event. This event aims to introduce Primary athletes to full athletics competitions and to raise the profile of athletics to the wider community.</p> <p>All local clubs in Aberdeen City and Aberdeenshire assist with the running of this event which has led to a number of promising athletes being introduced to the club system.</p> <p>Run Jump Throw</p> <p>The kids@ASV groups have been a success in giving school aged children an introduction to athletics prior to moving into the full club structure. Aberdeen AAC club nights are Monday and Wednesday from 1730-2030hrs, Aberdeen City Active schools have an RJT centre on Thursday from 1600-1800hrs, however increasingly potential junior members were unable to attend any of these sessions.</p> <p>The solution therefore was to put on extra sessions on Tuesday 1615-1715hrs and Wednesday 1615-1715hrs. By utilising sponsorship by Hydrasun, Aberdeen Sports Village created the Kids@ASV sessions to allow a greater opportunity for school children to participate. These sessions are run by Aberdeen AAC coaches who provide the link and possible progression from these groups into the full athletics club structure. The impact of this has been to greatly widen the opportunities for athletics and to ensure that the Aberdeen AAC waiting list can be managed effectively.</p> |
| Further info | http://www.aberdeenaac.co.uk/ |