

CLUB	Aberdeen AAC
Key Area	Integrated Disability Athletics
Key Details	<p>Aberdeen Sports Village is Scotland’s only Disability Community Sports Hub. This has meant a key focus on providing athletes with a disability the opportunity to participate in a range of sports. Most notably they have a Multi Sports Hub which operates on a Sunday.</p> <p>This has meant that a large number of potential athletes have had the opportunity to try athletics in an informal and relaxed environment, any potential participants who were then interested in taking this further were directed by Aberdeen Sports Villages in house Disability Development Officer and Scottish Disability Sport to Aberdeen AAC’s Coach Coordinator.</p> <p>Aberdeen AAC has an existing partnership with ASV to provide ‘drop in’ coaching sessions to main stream athletes which forms the start of the pathway into the athletics club. It was identified that Wednesday afternoon drop in sessions are suitable for integrating any interested athletes with a disability.</p> <p>The club has also been directly involved with ASV by providing coaching assistance to various come and try sessions, ranging from Olympic themed events to also assisting during the national Deaf Awareness week. All participants have been given information about the Kids@ASV sessions on Wednesday and signposted to them for further coaching in Athletics.</p> <p>Once integrated into the Wednesday sessions, athletes are also given the opportunity to attend the further Kids@ASV sessions on Friday evenings, ensuring a truly inclusive environment for all.</p> <p>During the 2013 Summer season Aberdeen AAC are also incorporating parallel success events alongside their existing regular club championship meetings on Thursdays. These have been particularly successful with Racerunners competing alongside able bodies athletes in an Open Graded Meeting format.</p>
Further info	http://www.aberdeenaac.co.uk/