

CLUB	Central AAC
Key Area	Building Club Capacity
Key Details	<p>As a new CTO in post this year I perceived three areas in which to learn about Central AC quickly; meet the coaches, meet the committee and get a handle on the waiting list.</p> <p>CAC has around 35 coaches and part of this process was to understand what their challenges were. I believed if I could support the coaches I would get to the heart of the Club quickly. I wanted to meet with committee members to be able to establish their aims and objectives and finally, I wanted to tackle the large number of enquiries on the waiting list.</p> <p>My solution was to devise a questionnaire based on the matters raised by these three groups. I thought that it would be beneficial for all if we could reach a consensus of opinion allowing us to offer a clear, consistent and transparent policy from which to work. A copy of this questionnaire can be found below. The questionnaire highlights the key areas raised and is relatively short, ending with a solution – are you happy to go with a consensus? My role simply became one of facilitation but helps to develop a stronger pathway for junior athletes, and a clear policy for new members.</p> <p>The questionnaire was forwarded to relevant coaches, several committee members and some senior members who had expressed an interest in supporting this process. There was a fantastic response to the questionnaires.</p> <p>The outcome for CAC has been a clear, consistent and transparent policy for new membership. Young athletes starting with the Club are given a simple ‘contract’ and their parents are given a volunteer form. Both require a signature and payment remains via our online system. Existing junior members were invited to move on to the next level, again with a reminder about our ‘contract’ and reinforcing positive behaviours. The pathway from RJT, to our ‘Reception’ Group through to ‘Development’ and beyond now has more clarity. We have started 21 new athletes in our Development Squad and 19 in conventional training nights.</p>
Further info	http://www.centralathletics.co.uk/