

CLUB	Aberdeen AAC
Key Area	Building club capacity
Key Details	<p>In order to increase the capacity of Aberdeen AAC following the opening of Aberdeen Sports Village in 2009 and to address the use of a waiting list for athletes to enter the club Aberdeen AAC created drop in sessions in partnership with Aberdeen Sports Village.</p> <p>These 'Drop In' or 'Come and Try' sessions are run on Tuesdays, Wednesday and Fridays at various times. Thus providing flexibility for potential members to choose a suitable time and day which fits in with their other activity.</p> <p>Through the partnership with Aberdeen Sports Village the lead coaches who deliver these sessions are employed and paid by ASV, they are also supported by young club volunteer Athletics Leaders who are gaining valuable coaching experience.</p> <p>There is a clear pathway between these Kids@ASV sessions and the club's development sessions which run Monday and Wednesday from 1730hrs at ASV, with a number of athletes moving smoothly from one section to another. In a recent development athletes participating at the Kids@ASV sessions are also able to take out membership of Aberdeen AAC to allow them access to further coaching and club kit.</p> <p>Regular competition opportunities are provided on the last Friday of every month in an informal environment as well as various Open Graded Meetings organised by the club through the summer and winter.</p> <p>Along with the Kids@ASV sessions the club also operate a number of satellite sessions at other venues which operate in a similar manner.</p>
Further info	http://www.aberdeenaac.co.uk/